

Moving to Panama?

Your preparation checklist

Turn interest in Panama into a practical move plan: residence options, income questions, everyday life and the country you are leaving.

01 Map your move

Record your origin, possible destination, intended dates and who is moving. Note what is decided and what is still open.

02 Record what stays and what changes

List homes, family arrangements, work, accounts, investments and business interests that need attention.

03 Gather the useful records

Keep relevant housing, travel, identity and financial records together. Note missing documents rather than guessing.

04 Prepare your questions

Which residence route should I investigate for my circumstances?

How should I check the source and treatment of my income?

What housing, banking and departure evidence should I prepare?

05 Choose your next step

Build your free Exit Plan. Order a compiled report or a separately agreed written review only when you want that additional service.

Build your free plan at exitglobal.app/plan/

No card or account needed to start. General planning and preparation; this checklist does not determine tax residency, immigration eligibility or filing obligations. Check current requirements with the relevant authority or adviser.